

North East Westchester Special Recreation, Inc.



2023 Fall Programs

Ellie Arnemann
Nancy Bellini, CTRS
Joe Bellini
Brittany Ciliberto
Jessie Espinet, CTRS
Kirsten Nesello

Executive Director
Program Director
Program Coordinator
Sr. Recreation Therapist
Sr. Recreation Therapist
Office Manager/Bookkeeper

... and over 100 highly dedicated, qualified and professional part-time staff and volunteers.

63 Bradhurst Avenue
Hawthorne, New York 10532
Phone: (914) 347-4409
Fax: (914) 347-5054
www.northeastsspecialrec.org



North East Westchester Special Recreation Inc., established in the early 1970's, is a community based therapeutic recreation agency serving children and adults with developmental disabilities in the north east portion of Westchester County. North East is the second largest agency of its kind in the State of New York and has gained local and state-wide attention for the quality and novelty of programs and services.

The Superintendents of Recreation
of the following communities serve as the
North East Board of Directors.

Board of Directors

Town of Bedford	Chris Soi
Village of Briarcliff Manor	Dana Durso
Town of Lewisboro	Nicole Caviola
Village of Mt. Kisco	Kyle Thorton
Town of Mt. Pleasant	Doug Scott
Town of New Castle	Ike Kuzio
Town of North Castle	Matt Trainor
Town of North Salem	Lauren Rosasco
Village of Pleasantville	Mike Newman
Town of Pound Ridge	Drea Russo
Village of Sleepy Hollow	Matthew Arone
Town of Somers	Steve Ralston

North East Westchester Special Recreation is a non-profit agency. We receive funding from the New York State Office For People with Developmental Disabilities, town assessments, program fees and donations. Fundraising activities allow us to expand upon our program options and offer programming to more individuals in need of service.

Dear North East Community:

I hope this letter finds you and your family well. We are very excited to share our Fall Brochure with you. The staff have been extremely busy planning some great trips, activities, and events.

Due to high cost of operating expenses, we had to revise our fee structure. There are now two separate fees. One fee for those residing in our consortium region and/or OPWDD approved for respite services. For individuals who reside outside our region and are not OPWDD approved, there will be a higher fee to help compensate for our inability to receive OPWDD/Medicaid funding.

As always, applying for OPWDD eligibility through the Front Door process is highly recommended. If you have not done so already, please contact **Frandy Osias** at OPWDD's regional office at (914)332-8961.

Please remember, we need to protect each other from spreading any illness, not just COVID-19. If your child present any symptoms for any illness, please keep your loved one at home.

Let's work together to help keep everyone safe and healthy.
If your child presents any symptom of any illness, please keep your child at home

We recommend registering early. If you have concerns or questions on any program, please do not hesitate to call us.

Thank you for choosing North East Westchester Special Recreation and trusting us with your loved one! We are excited to share great experiences and create lasting memories.

Be well!
Thank you,

Ellie Arnemann
Ellie Arnemann, Executive Director



REGISTRATION:

Each participant in a North East program must have a current Participant Information Form on file. Participants presently enrolled in a North East program may register using the attached Program Registration form or on-line.

SESSION DATES: September 19 to December 2, 2023

Registration for in-district residents begins immediately. Participants are enrolled in programs on a first-come, first-served basis. Many of our programs fill quickly, so please register as soon as possible. Acceptance into our programs for out-of-district residents begins on

September 12, 2023 . You may send your registration to us prior to that date and we will hold your registration until the 12th. At that time, out-of-district residents will be accepted in the order the registrations were received by our office, as room permits.

TRANSPORTATION:

North East can provide transportation from central locations for some of our programs. Space on the bus is limited and we are not able to accommodate all requests. Please consider carpooling or Para-transit.

LATE PICK-UPS:

If you are late in picking up, we have to pay our staff for the time they must wait with participants after program. For this reason, we reserve the right to charge \$10 for every 15 minutes you are late in order to attempt to cover some of our staff cost.

NEW TO NORTH EAST PROGRAMS?:

North East proudly serves children, teens and adults with developmental disabilities who reside in our consortium region: Bedford, Briarcliff, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, North Salem, Pleasantville, Pound Ridge, Sleepy Hollow, and Somers. Each municipality help to financially support North East.

Anyone new to North East must schedule an intake meeting with one of our Recreation Therapists. Please call our office, 914-347-4409 as soon as you can to make sure the desired programs still have availability. During the intake meeting, you, your child, and our staff will work together to determine which programs will be best suited and of interest to your child.

North East can no longer accept new registrants who are 21 years of age or older residing outside our consortium region who are not approved by OPWDD for respite services.

For new Individuals who are enrolled with HCBS Medicaid Waiver and are 21 years & older: North East will only accept those residing outside of our consortium region who are approved for respite services. Individual may not start programs until all required documentation is properly submitted by Care Manager or Parent. Documents include Service Authorization, Notice of Decision, Level of Care, and Individual Service Plan. North East must be included in the person's ISP. Individuals may not begin programs until North East is notified the billing for reimbursement process is completed.

The required forms for new applicants and registration can be found on our website. If you need, just call our office and we can email or mail forms to you. Please bring the completed forms to the scheduled intake meeting.

We are continually assessing our programs and the needs of our participants. We reserve the right to change or recommend alternative programs to best meet the needs of the participants. We will discuss all recommendations; the final decision will be with North East.

PROGRAM/ACTIVITY FEES:

Program/Activity Fees cover the cost to operate programs that OPWDD/Medicaid do not cover. These fees are only a small percent of our actual operating costs. Fees are paid once program acceptance is confirmed. Registering does not guarantee placement. If participant has an outstanding balance, they will not be able to register/attend future programs until the balance is paid in full.

In-District and/or OPWDD Approved: Individuals residing in our consortium region and/or OPWDD approved for respite services will share the same program fee.

Out-of-District and NOT OPWDD Approved: Individuals who are not OPWDD approved for respite services and live outside our consortium region will have a separate fee to help cover operating costs that would otherwise be funded by OPWDD/Medicaid.

Payment Plan or scholarship information is provided upon request.

Unfortunately, we will have to charge \$20 for any checks returned to us for insufficient funds. This is the fee we incur from our bank.

CANCELLATION POLICY:

If a program needs to be cancelled, normally due to poor weather conditions, an announcement will be made on WHUD 100.7 FM. You may also access this information by calling our office. If a cancellation must be made at the “last minute”, we will attempt to call all program participants.

If a program is cancelled, we will attempt to reschedule it, if possible.

REFUND POLICY:

Refunds will be issued when:

- ◆ A program is cancelled before it begins due to insufficient enrollment.
- ◆ A participant is on a waiting list.
- ◆ Medical reasons cause the participant to stop attending the program. A physician's note is requested to verify the illness.
- ◆ In the event that the participant attend the program prior to requesting a refund, a prorated portion of the program fee will be refunded.

Contact Information



North East Office Hours:

Monday - Friday
8:30 am - 4:30 pm

Program Staff Schedule:

Tuesday - Saturday
(times vary according to program responsibility)

Phone: 914-347-4409

Fax: 914-347-5054

Web Site: www.northeastspecialrec.org

Facebook: Like and check out our page!

E Mail:

Ellie Arnemann	earnemann@northeastspecialrec.org
Nancy Bellini	nbellini@northeastspecialrec.org
Joe Bellini	jbellini@northeastspecialrec.org
Brittany Ciliberto	bciliberto@northeastspecialrec.org
Jessie Espinet	jespinet@northeastspecialrec.org
Kirsten Nesello	knesello@northeastspecialrec.org

Others:

Chappaqua Transportation	914-238-4404
Mt. Kisco Boys & Girls Club	914-666-8069
Mt. Pleasant Community Center	914-769-0155
JV Bowl	914-245-7771

Weekly Programs

The following pages provide details for our programs this **FALL** session. Our programs are presented by the day of the week they are offered. In order to find a program appropriate for your child:

- ◆ Please look for the day of the week that they need programming.
- ◆ Refer to the program description to learn more about the program.



North East Programs are NUT FREE!!!

This means that peanut butter sandwiches and other nut products should not be sent to our programs.

We have a number of participants who are extremely allergic to these foods and we are interested in their safety.

Since we cannot regulate the outside world, if your son/daughter is expected to be in the community with us and has this allergy, please send their epiPen.

Please keep the following things in mind when sending your child to North East Programs:

- ◆ If your child is ill, please keep your child at home.
- ◆ Please label items of clothing, when possible.
- ◆ Please refrain from having your child bring expensive electronics to program. We cannot be responsible if they are lost or broken. In addition, we would like them to be involved in our activities rather than their devices.
- ◆ If your child is on a restricted diet, please send any special food or beverages to program with them.
- ◆ If your child requires medications during program time, please ensure all necessary paperwork is completed as per our agency's protocols. All medication must be given to one of the full-time staff.
- ◆ Please be sure to let us know, in writing, if someone other than yourself is going to pick your child up from a program. They must have an ID with them.
- ◆ Please notify us if there is a change in your child's health condition, medication or if they have newly diagnosed allergies.
- ◆ Please let us know if we can improve upon our services. We like to do a good job!
- ◆ Please continue to bring them to North East! We enjoy spending time with them!

Tuesday

Bowling

3:30 - 5:30 pm

Sept. 19 - Nov. 28, Except Nov. 7 & 21 (9 Weeks)

Jefferson Valley Lanes

Ages: 15+

In-District and/or OPWDD Approved Fee: \$180

***Transportation Fee Included**

Out-of-District and Not OPWDD Approved Fee: \$230

Transportation Fee: \$150

Group Home/Apartment Residents Fee: \$230

Transportation Fee: \$150

Join us for a program that offers training for Special Olympics Bowling, as well as a chance to socialize with friends and teammates.

Bowling takes place from 3:45 to 5:30 pm. Please be ready to bowl at that time. Bowlers arriving after 4:30 will not be able to participate in the program that day.

Round trip transportation from Mt. Kisco Boys & Girls Club. Pick up 3 pm, Return at 6 pm. WARC, pick up only at 3 pm, Bradhurst, return only at 6 pm

Participants that use Para-transit, please use 3:30 and 5:15 as your pick-up and drop off times.

Participants must have current Special Olympics Parental & Medical forms in order to compete in the Special Olympics Competition on October 8th.



Wednesday

Team Sports

6:30 –8:00 pm

Sept. 20 - Nov. 29, Except Nov. 22 (10 Weeks)

Mt. Kisco Boys & Girls Club

Ages: 15+

In-District and/or OPWDD Approved Fee: \$175

Out-of-District and Not OPWDD Approved Fee: \$275

Group Home/Apartment Residents Fee: \$275

Aspects of this program are specifically planned to provide a positive, encouraging atmosphere. We work to improve qualities of sportsmanship, as well as self-confidence and self-esteem.

While in the gym, we will be working to improve skills in various individual and team sports. These sports include Floor Hockey, Volleyball, Basketball and Track & Field.



If you register for any of the Special Olympic Programs, Special Olympics consent and medical forms will be sent to you if your forms need to be updated. These forms MUST be completed to allow for participation at Special Olympics

Thursday

Fitness Frenzy

6:00 - 7:30 pm

Sept. 21 - Nov. 30, Except Nov. 23 (10 Weeks)

Mt. Pleasant Community Center

Ages: 15+

In-District and/or OPWDD Approved Fee: \$130

Out-of-District and Not OPWDD Approved Fee: \$200

Group Home/Apartment Residents Fee: \$200

This fall season come and join us at Mt. Pleasant Community Center as we grow our individual skills in sports like volleyball, floor hockey, floor ball and basketball. We will also work on overall physical fitness and endurance.

North East will be hosting our annual Skills competition on November 9th!

Teamwork, good sportsmanship, success and fun keep this program exciting and enjoyable, as well as promote positive community interaction for all.

Please note, a Special Olympics Medical form is required to be eligible for any special Olympics Competitions. Those that do not have a current medical will be asked to stay home the day night of the competition

Special Olympics
New York



Friday

Nite Club

7:00 - 9:00 pm

Oct. 13, Nov. 10

American Legion, 1 Legion Way, Mt. Kisco

Ages: 16+

In-District and/or OPWDD Approved Fee: \$10/night

Out-of-District and Not OPWDD Approved Fee: \$20/night

Group Home/Apartment Residents Fee: \$20/night

Come dance the night away with your friends. We will enjoy some great music, tasty snacks and a little give-a-way prize!

Music is provided by a professional DJ.

Sorry, this location is NOT wheelchair accessible.

Girls Night Out

6:30 - 8:00 pm

Thursday, December 14th

Bradhurst Community Center

Ages: 15+

In-District and/or OPWDD Approved Fee: \$30

Out-of-District and Not OPWDD Approved Fee: \$40

Group Home/Apartment Residents Fee: \$40

Don't you wish you just had a night to spend with your girlfriends and treat yourself to some pampering? Join us for our first ever Spa Night. Who wouldn't love a night of hanging out with friends while doing some manicures, face masks, and of course relaxation. We will even get to make our own body scrubs, and so much more all while learning about the importance of self-care. Some supplies we will ask you to bring from home.

Friday

Friday Night Fun

6:00 - 8:00 pm

Sept. 29, Oct. 27, Nov. 17

New Castle Community Center

Ages: 13-18

In-District and/or OPWDD Approved

Out-of-District and Not OPWDD Approved

September 29th: Pizza & Paint Night **\$45/\$55**

Join us for a night of pizza & painting. Channel your inner Pablo Picasso and get ready to create masterpieces while enjoying the company of friends. A pizza dinner will be provided.



\$40/\$50

October 27th: House of Games

Are you ready to play some games? House of Games is a fantastic way to spend time with friends, play your favorite board games and learn some new ones. Join us for a night filled with fun and games!

November 17th: Open Mic Night **\$40/\$50**

Come one, come all! Join us for a night in and showcase your talents. Enjoy the company of friends, play some games and of course, showcase your hidden talent. Please come prepared with a song to sing or a talent to show off.

Friday

Curling

Bus leaves Bradhurst at 4 and returns at 6
Oct. 13 & 20, Nov. 10 & 17 (4 weeks)

Ardsley Curling Club

Ages: 16+

In-District and/or OPWDD Approved Fee: \$100

Out-of-District and Not OPWDD Approved Fee: \$150

Curling is an indoor winter sport that many of our athletes enjoy. It requires strategy, physical ability and team effort; athletes work in teams of 4 in an attempt to place their rocks closest to the center of a series of four rings called the house. You can use a adaptive stick to push the stone or try the starting block. Join us while we try our hand at putting a stone in the house and even a little sweeping. It's a great way to spend a Friday afternoon with old and new friends alike. The kids have a great time cheering on each other.

Participants will need a extra pair of shoes (ones that have clean bottoms). It's cold on the ice, so a coat, hat and gloves are also recommended.

Ardsley Curling Club requires proof of COVID vaccination to attend. Please ensure that the office has a copy of your vaccination card prior to acceptance.



Saturday

Saturday Clubhouse

9:30 am –2:00 pm

Sept. 23—Nov. 18, Except Oct 7 (8 Weeks)

St. Theresa School, Briarcliff

No transportation

Ages: 4-18

In-District and/or OPWDD Approved Fee: \$250

Out-of-District and Not OPWDD Approved Fee: \$350

Saturday Clubhouse at St. Theresa School is like a mini day camp. Join us for lots of fun! Each room will be grouped by age and ability. Each month will have a different themed day, so be sure to get in the spirit and have a great time. Catch up with old friends or make some new friends all while having some FUN!!!

Please bring a bag lunch (NUT FREE)

We will have lots of activities for everyone to enjoy:

- ◆ **Gym:** Skills training for Soccer, Volleyball, Hockey & Basketball and Special Olympics Training
- ◆ **Art:** We will get the opportunity to explore our inner artist through an assortment of crafts
- ◆ **Movement:** Let's get moving in a variety of ways!
- ◆ **Music:** We will find our voice through song, learn how to play instruments, and how to keep a rhythm!

Fall 2023 Themes

Sept. 30th – Under the Sea

Oct. 14th – Hawaiian Luau

Oct. 28th - Halloween Celebration

Nov. 18th – Thanksgiving Celebration

**Remember to Save the Date for the Holiday Party
On 12/2/23 at Mt. Pleasant Community Center!**

Saturday

Fantastic Friends

9:30 am - 3:00 pm

Sept. 23 - Dec. 2, Except Oct. 7 & Nov. 25
(9 Weeks)

Bradhurst Community Center, Hawthorne

Ages: 15 - 25

In-District and/or OPWDD Approved Fee: \$370

Out-of-District and Not OPWDD Approved Fee: \$470

Group Home/Apartment Residents Fee: \$470

The “Friends” are back! Join us as we spend our Saturdays traveling to different adventures and having A LOT of fun!

We will visit the Beardsley Zoo, visit an Alpaca/Llama Farm, Blue Mountain and the Palisades Mall. We will take a cruise up the Hudson River and see a show at the Cabaret Theatre. We have a ton of things to do!

This transitional program is designed for teens and young adults as they get ready for our Adult Programs. We emphasize socialization, and interaction with the community with supportive staff and structure to help participants succeed!

*Participant must be able to travel in a
4:1 ratio in the community*

**Remember to Save the Date for the Holiday Party
On 12/2/23 at Mt. Pleasant Community Center!**

Saturday

Escapades

10:00 am - 2:00 pm

Sept. 23—Nov. 18, Except Oct. 7 (8 Weeks)

Bedford Hills Community House (74 Main St)

Ages: 14+

In-District and/or OPWDD Approved Fee: \$200

Out-of-District and Not OPWDD Approved Fee: \$300

Group Home/Apartment Residents Fee: \$300

Looking for a great place to spend a Saturday?!

Escapades allows participants a calm, easy-going environment where they can participate in varied activities, work on making friends, social skills and communication.

Every Saturday there will be cooking, crafts, games and more! We will also have some time with our wonderful music therapist. We will end the day with a fitness activity! Bring your Nut-Free lunch and join the group as we close out this incredible year!

There is something for everyone who may need a little extra supervision.

- ◆ Arts & Crafts
- ◆ Cooking
- ◆ Music
- ◆ Exercise
- ◆ Games



**Remember to Save the Date for the Holiday Party
On 12/2/23 at Mt. Pleasant Community Center!**

Saturday

Adult Trips

Times Vary Each Week, an email will be sent out on the Tuesday before each week outlining times and guidelines for the trip!

Ages: 15 +

Fee with the * is the Out-of-District and NOT OPWDD Approved Fee and Group Home/Apartment Residents Fee

Saturday, September 23

Lilymore Alpaca Farm Tour

\$45/*\$60

We are off to visit this amazing animal sanctuary. We will be able to get up close to the Alpacas, Llamas, goats, pigeons and other animals. Get ready for an farm-filled photo-op!

Saturday, September 30

Railroad Museum of New England

\$50/*\$70

Climb aboard and explore the scenic Naugatuck River on this great vintage train ride. There are stops along the way, including a chocolate factory!

Saturday, October 14

Downtown Cabaret Theatre, Guys and Dolls

\$60/*\$80

Join us at the theater to see Guys and Dolls. An exciting musical comedy that is sure to be very entertaining!

Saturday, October 21

Beardsley Zoo

\$50/*\$70

Are you ready to visit all the fascination animals at the zoo? There are so many to see and learn about. It is sure to be a fun filled day for everyone!

Saturday

Saturday, October 28

Hudson River Cruise

\$55 / *\$75

Join us for an afternoon on the beautiful Hudson River. We will enjoy a 2 hour narrated cruise aboard “The Pride of the Hudson” We will see sights like Bannerman’s Island, Breakneck Mountain and of course, West Point. It is always an awesome trip!

Saturday, November 11

Mall & Movies

\$50/ *\$70

Who doesn’t like a good movie. We will travel to the Palisades Mall to see a movie and enjoy lunch with our friends. We may have time to do some shopping or a mall scavenger hunt, which is always fun! Movie will be determined the week of this program.

Saturday, November 18

Thanksgiving Celebration, New Castle CC

\$45 / *\$60

Come join us for our long standing tradition, our North East Thanksgiving Celebration. A time to be with friends, enjoy some cooking, arts & crafts, games, music and dancing. A day filled with lots of fun!



**Remember to Save the Date for the Holiday Party
On 12/2/23 at Mt. Pleasant Community Center!**

Adults Weekends Away

Fall Trip: Blue Mountain Camp Site

Peekskill

November 3, 4 & 5, 2023

Ages: 16 +

In-District and/or OPWDD Approved Fee: \$325

Out-of-District and Not OPWDD Approved Fee: \$425

Group Home/Apartment Residents Fee: \$425

We will stay in a beautiful, spacious, conference cabin. The cabin is well heated and also has a beautiful fireplace. Hiking, craft, games and cooking are a few of the exciting things we will do.

Winter Weekend Away: Springfield MA

January 5, 6 & 7, 2024

Ages: 16 +

In-District and/or OPWDD Approved Fee: \$600

Out-of-District and Not OPWDD Approved Fee: \$700

Group Home/Apartment Residents Fee: \$700

A great way to spend a winter weekend. We'll visit the Basketball Hall of Fame, Dr. Seuss Museum, some historical sites and more. Get ready to explore Central Massachusetts!

Spring Trip: Lancaster, PA

May 16, 17, 18 & 19, 2024

Ages: 16 +

In-District and/or OPWDD Approved Fee: \$700

Out-of-District and Not OPWDD Approved Fee: \$800

Group Home/Apartment Residents Fee: \$800

There is so much to see and do on this trip. Enjoy the rolling farmlands and see some covered bridges. We will visit an Amish Farm house, take a buggy ride, a train ride and maybe even take in a show.

Hudson Valley Special Olympics Schedule

Sunday, October 1st:
Local Bowling Competition

Sunday, October 8th:
Regional Fall Sports Festival

October 20th—22nd:
State Fall Games

Thursday, November 9th:
Local Volleyball Skills Competition



North East Westchester Special Recreation, Inc.
Presents:

CHAMPIONS FOR NORTH EAST!

A fundraising campaign to support our programs.
Your generosity helps us to give memorable experiences, opportunities of discovery and lasting friendships.

There are four levels of donations:



GOLD MEDAL WINNERS

\$2,000 + You have Hearts of Gold!



SILVER MEDAL WINNERS

\$600 - \$1,999 You are Shining Stars!



BRONZE MEDAL WINNERS

\$200 - \$599 You give us Strength!



FOREVER FANS WINNERS

\$100 - \$199 Thank you! Thank you!

Please make checks payable to:
North East Westchester Special Recreation
www.northeastsspecialrec.org
63 Bradhurst Avenue, Hawthorne, NY 10532
(914) 347-4409

Champions For North East

North East wishes to thank our supporters for making our fundraising efforts successful. Many families & friends contributed to the success of our programs and our ongoing Champions For North East program.

Our 2022 Champions:

Gold Medal Supporters

The Family of Louis Brusco-Jost
The Cutri Family
Ms. Joan Peck

Silver Medal Supporters

The Brunheroto Family
Ms. Judy Dearlove
The Delgaudio Family
The Feidelson Family
The Keltz Family
The Kiley Family
The Luciano Family
Mr. Joshua Lurie and Ms. Abbe Goldstein
The Meehan Family
The Murdock Family
The Wong Family

Bronze Medal Supporters

The Angi Family
Mr. Phil Arena
The Blum Family
The Brower Family
The Chamberlain Family
The DiCarlo Family
Ms. Marylou Donarski
The Fernandino Family
Mr. Ted Huffman
The Humphrey Family
The Keane Family
The Kirk Family
The Koch Family
Mr. Carmelo Luppino
The Orlando Family
Mr. Ronald Salvatore
The Simons Family
The Singer Family
The Warren Family

Please contribute to our 2023 Campaign