

North East Westchester Special Recreation, Inc.



2024 Winter/Spring Programs

Ellie Arnemann
Nancy Bellini, CTRS
Joe Bellini
Brittany Ciliberto
Jessie Espinet, CTRS
Kirsten Nesello

Executive Director
Program Director
Program Coordinator
Sr. Recreation Therapist
Sr. Recreation Therapist
Office Manager/Bookkeeper

... and over 100 highly dedicated, qualified and professional part-time staff and volunteers.

63 Bradhurst Avenue
Hawthorne, New York 10532
Phone: (914) 347-4409



North East Westchester Special Recreation Inc.,

established in the early 1970's, is a community based therapeutic recreation agency serving children and adults with developmental disabilities in the north east portion of Westchester County. North East is one of the largest agency of its kind in the State of New York and has gained local and state-wide attention for the quality and novelty of programs and services.

The Superintendents of Recreation
of the following communities serve as the
North East Board of Directors.

Board of Directors

Town of Bedford	Chris Soi
Village of Briarcliff Manor	Dana Durso
Town of Lewisboro	Nicole Caviola
Village of Mt. Kisco	Kyle Thornton
Town of Mt. Pleasant	Doug Scott
Town of New Castle	Ike Kuzio
Town of North Castle	Matt Trainor
Town of North Salem	Lauren Rosasco
Village of Pleasantville	Mike Newman
Town of Pound Ridge	Drea Russo
Village of Sleepy Hollow	Matthew Arone
Town of Somers	Steve Ralston

North East Westchester Special Recreation is a non-profit agency. We receive funding from the New York State Office For People with Developmental Disabilities, town assessments, program fees and donations. Fundraising activities allow us to expand upon our program options and offer programming to more individuals in need of service.

Dear North East Community:

I hope this letter finds you and your family well.

We are very excited to share our Winter/Spring Brochure with you. The staff have been extremely busy planning some great trips, activities and events. As always, we hope North East Westchester Special Recreation offers something of interest for everyone.

I strongly encourage you to register your child early. Many of our Fall programs reached capacity within the first two weeks of registration.

North East Westchester Special Recreation receives funding from New York's Office for People with Developmental Disabilities (OPWDD) and the twelve municipalities in our Consortium. There is one program/activity fee for residents of the twelve municipalities and/or are approved by OPWDD. If the participant is a non-resident and not approved for OPWDD respite services, a separate program fee is charged. This is the same fee that is charged for individuals residing in certified residential facilities.

If you have not yet done so already, you are encouraged to enroll your child with NYS OPWDD. If eligible, there are multiple services your child may be eligible to receive. You can begin the process by contacting Frandy Osias at OPWDD's regional office in Tarrytown at (914)332-8961.

If your child presents any symptoms of illness, please keep them at home. We will continue to follow safety guidelines as determined by NY Office for People with Developmental Disabilities (OPWDD) and NY Department of Health. We will also adhere to a venue or attraction's specific safety protocols.

Every participant will need to have a signed "Participant Coronavirus/COVID-19 Waiver" on file in order to participate in programs. This form is available on our website, or simply call our office and a form will be sent to you.

If situations beyond our control force us to cancel, delay or change the program's schedule, we will make every effort to contact families. Program cancellations due to in-climate weather will also be posted on WHUD's Storm Center.

Thank you for choosing North East Westchester Special Recreation and trusting us with your loved one!

Thank you,

Ellie Arnemann

Ellie Arnemann, Executive Director

REGISTRATION:

Each participant in a North East program must have a current Participant Information Form on file. Participants presently enrolled in a North East program may register using the attached Program Registration form. Registration may also be completed online by visiting our website. (www.northeastspecialrec.org)

If you are late in registering, this will cause a delay in when you are able to start program.

SESSION DATES: January 16 to May 4, 2024

Registration for in-district residents begins immediately. Participants are enrolled in programs on a first-come, first-served basis. Many of our programs fill quickly, so please register as soon as possible. Registration for out-of-district residents begins on **January 4, 2024**. You may send your registration to us prior to that date and we will hold it until the 4th. At that time, out-of-district residents will be accepted in the order the registrations were received by our office, as room permits.

TRANSPORTATION:

While North East is able to provide transportation for several programs, please consider car pooling and paratransit when possible. Due to the number of requests, we are able to provide transportation from central locations only.

LATE PICK-UPS:

If you are late in picking up, we have to pay our staff for the time they must wait with participants after program. For this reason, we reserve the right to charge \$10 for every 15 minutes you are late in order to attempt to cover some of our staff cost.

New to North East Programs:

North East proudly serves children, teens and adults with developmental disabilities who reside in our consortium region: Bedford, Briarcliff, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, North Salem, Pleasantville, Pound Ridge, Sleepy Hollow, and Somers. Each municipality help to financially support North East.

Anyone new to North East must schedule an intake meeting with one of our Recreation Therapists. Please call our office, 914-347-4409 as soon as you can to make sure the desired programs still have availability. During the intake meeting, you, your child, and our staff will work together to determine which programs will be best suited and of interest to your child.

North East can no longer accept new registrants who are 21 years of age or older residing outside our consortium region who are not approved by OPWDD for respite services.

For new Individuals who are enrolled with HCBS Medicaid Waiver and are 21 years & older: North East will only accept those residing outside of our consortium region who are approved for respite services. Individual may not start programs until all required documentation is properly submitted by Care Manager or Parent. Documents include Service Authorization, Notice of Decision, Level of Care, and the Life Plan. North East must be included in the person's Life Plan. Individuals may not begin programs until North East is notified the billing for reimbursement process is completed.

The required forms for new applicants and registration can be found on our website. If you need, just call our office and we can email or mail forms to you. Please bring the completed forms to the scheduled intake meeting.

We are continually assessing our programs and the needs of our participants. We reserve the right to change or recommend alternative programs to best meet the needs of the participants. We will discuss all recommendations; the final decision will be with North East.

PROGRAM/ACTIVITY FEES:

Program/Activity Fees cover the cost to operate programs that OPWDD/Medicaid do not cover. These fees are only a small percent of our actual operating costs. Fees are paid once program acceptance is confirmed. Registering does not guarantee placement. If participant has an outstanding balance, they will not be able to register/attend future programs until the balance is paid in full.

In-District and/or OPWDD Approved: Individuals residing in our consortium region and/or OPWDD approved for respite services will share the same program fee.

Out-of-District and NOT OPWDD Approved: Individuals who are not OPWDD approved for respite services and live outside our consortium region will have a separate fee to help cover operating costs that would otherwise be funded by OPWDD/Medicaid.

Payment Plan or scholarship information is provided upon request.

Unfortunately, we will have to charge \$20 for any checks returned to us for Insufficient funds. This is the fee we incur from our bank.

CANCELLATION POLICY:

If a program needs to be cancelled, normally due to poor weather conditions, an announcement will be made on WHUD 100.7 FM. You may also access this information by calling our office. If a cancellation must be made at the “last minute”, we will attempt to call all program participants.

If a program is cancelled, we will attempt to reschedule it, if possible.

REFUND POLICY:

Refunds will be issued when:

- ◆ A program is cancelled before it begins due to insufficient enrollment.
- ◆ A participant is on a waiting list.
- ◆ Medical reasons cause the participant to stop attending the program. A physician's note is requested to verify the illness.
- ◆ In the event that the participant attend the program prior to requesting a refund, a prorated portion of the program fee will be refunded.

Contact Information

North East Office Hours:

Monday - Friday
8:30 am - 4:30 pm

Program Staff Schedule:

Tuesday - Saturday
(times vary according to program responsibility)

Phone: 914-347-4409

Fax: 914-347-5054

Web Site: www.northeastspecialrec.org

Please note that current program calendar and directions are available on our website.

Facebook: Like and check out our page!

E Mail:

Ellie Arnemann	earnemann@northeastspecialrec.org
Nancy Bellini	nbellini@northeastspecialrec.org
Joe Bellini	jbellini@northeastspecialrec.org
Brittany Ciliberto	bciliberto@northeastspecialrec.org
Jessie Espinet	jespinet@northeastspecialrec.org
Kirsten Nesello	knesello@northeastspecialrec.org



Weekly Programs

The following pages provide details for our programs this **Winter/Spring 2024** session. Our programs are presented by the day of the week they are offered. In order to find a program appropriate for your son/daughter:

- ◆ Please look for the day of the week that they need programming.
- ◆ Refer to the program description to learn more about the program.



North East Programs are NUT FREE!!!

This means that peanut butter sandwiches and other nut products should not be sent to our programs.

We have a number of participants who are extremely allergic to these foods and we are concerned for their safety.

Since we cannot regulate the outside world, if your child is expected to be in the community with us and has this allergy, please send their EpiPen.

Please keep the following things in mind
when sending your children to North East
Programs:

- ◆ Please label items of clothing, when possible.
- ◆ Please refrain from having your child bring expensive electronics to program. We cannot be responsible if they are lost or broken. In addition, we would like your son/daughter to be involved in our activities rather than their devices.
- ◆ If your son/daughter is on a restricted diet, please send any special food or beverages to program with them.
- ◆ If your child requires medications during program time, please ensure all necessary paperwork is completed as per our agency's protocols. All medication must be given to one of the full-time staff.
- ◆ Please be sure to let us know, in writing, if someone other than yourself is going to pick your son/daughter up from a program. They must have an ID with them.
- ◆ Please notify us if there is a change in your son/daughter's health condition, medication or if they have newly diagnosed allergies.
- ◆ Please let us know if we can improve upon our services. We like to do a good job!
- ◆ Please continue to bring them to North East! We enjoy spending time with them!

Tuesday

Bowling

3:30 - 5:30 pm

January 16 – April 30, Except Feb. 20 & March 26,
(14 weeks)

Jefferson Valley Lanes

Ages: 15+

In-District and/or OPWDD Approved Fee: \$250

***Transportation Fee Included**

Out-of-District and Not OPWDD Approved Fee: \$280

Transportation Fee: \$175

Group Home/Apartment Residents Fee: \$280

Transportation Fee: \$175

Join us for a program that offers training for Special Olympics Bowling, as well as a chance to socialize with friends and teammates.

Bowling takes place from 3:45 to 5:30 pm. Please be ready to bowl at that time. Bowlers arriving after 4:30 will not be able to participate in the program that day.

Bradhurst pick up at 2:30pm and will return at 6pm
Round trip transportation from Mt. Kisco Boys & Girls Club.
Pick up 3 pm, Return at 6 pm. WARC, pick up only at 3 pm,
Bradhurst, return only at 6 pm

Participants that use Para-transit,
please use 3:30 and 5:15 as your pick-
up and drop off times.

**Participants must have current
Special Olympics Parental
& Medical forms in order to com-
pete in Competitions.**



Wednesday

Team Sports

6:30 - 8:00 pm

Jan. 16 - May 1, Except Feb 21, March 27 (14 Weeks)

Mt. Kisco Boys & Girls Club

Ages: 15+

In-District and/or OPWDD Approved Fee: \$240

Out-of-District and Not OPWDD Approved Fee: \$300

Group Home/Apartment Residents Fee: \$300

Aspects of this program are specifically planned to provide a positive, encouraging atmosphere. We work to improve qualities of sportsmanship, as well as self-confidence and self-esteem.

While in the gym, we will be working to improve skills in various individual and team sports, These sports include Floor Ball, Volleyball, Basketball and Track & Field.

If you register for any of the Special Olympic Programs, Special Olympics consent and medical forms will be sent to you if your forms need to be updated. These forms **MUST** be completed for to allow for participation at Special Olympics events.



Thursday

Fitness Frenzy

6:00 - 7:30 pm

Jan. 18 - May 2, Except Feb. 22, March 28 (14 Weeks)

Mt. Pleasant Community Center

No Transportation

Ages: 15+

In-District and/or OPWDD Approved Fee: \$180

Out-of-District and Not OPWDD Approved Fee: \$225

Group Home/Apartment Residents Fee: \$225

Are you ready to get back in action! This Winter/Spring come back and join us as we continue to work on our overall physical fitness, as well as gain skills in sports like floor hockey, basketball, and track and field!

While focusing on our skills, we will also promote positive community interactions for all by working on teamwork, good sportsmanship, and most importantly having fun to keep this program exciting and enjoyable!

We will participate in Special Olympics competitions with other teams so please make sure your paperwork is up to date!

Please note a Special Olympics Medical is required to be eligible for any Special Olympics Competitions.



One Night Only!

Food & Film for Teens/Adults

5:30 - 9:00 pm

Friday January 12

American Legion, 1 Legion Way, Mt. Kisco

Ages: 16+

In-District and/or OPWDD Approved Fee: \$25/night

Out-of-District and Not OPWDD Approved Fee: \$35/night

Group Home/Apartment Residents Fee: \$35/night

Sit back, relax, and enjoy an evening out with friends! We will be ordering food from local restaurants and enjoying a great meal plus lots of great conversations. After dinner, we'll be able to kick back and enjoy a movie, it's like going to the movies only BETTER!

Girls Night Out

6:30 - 8:00 pm

Thursday, February 15th

Bradhurst Community Center

Ages: 15+

In-District and/or OPWDD Approved Fee: \$ 30

Out-of-District and Not OPWDD Approved Fee: \$40

Join us for a Girls Spa Night. Who wouldn't love a night of hanging out with friends while doing some manicures, face masks, and of course relaxation. We will even get to make our own body scrubs, and so much more all while learning about the importance of self-care. Some supplies we will ask you to bring from home.

Friday

Soccer Stars

3:45-6:00

April 12, April 19, April 26, & May 3
(4 weeks)

SUNY Purchase College

Ages: 13-22

In-District and/or OPWDD Approved Fee: \$100

Out-of-District and Not OPWDD Approved Fee: \$110

Group Home/Apartment Residents Fee: *Not Available*



Led by highly qualified coaches, FC Westchester is one of the premier youth soccer academies in the area, and we have the opportunity to train with them! Join us for a 5-week soccer training program at SUNY Purchase. Soccer is a great way to learn teamwork, socialize with friends and improve specific skills. This program will be specifically designed to build confidence, self-esteem, and sportsmanship. Must wear sneakers or comfortable clothes.



Friday

Nite Club

7:00 - 9:00 pm

Feb. 9, March 8, & April 12

American Legion, 1 Legion Way, Mt. Kisco

Ages: 16+

In-District and/or OPWDD Approved Fee: \$10/night

Out-of-District and Not OPWDD Approved Fee: \$10/night

Group Home/Apartment Residents Fee: \$10/night

Come dance the night away with your friends. We will enjoy some great music, tasty snacks and a little give-a-way prize!

Music is provided by a professional DJ.

Sorry, this location is NOT wheelchair accessible.

Curling

Bus leaves Bradhurst at 4 and returns at 6

Jan 26, Feb 2, Feb 9, & March 1 (4 weeks)

Ardsley Curling Club

Ages: 16+

In-District and/or OPWDD Approved Fee: \$100

Out-of-District and Not OPWDD Approved Fee: \$120

Curling is an indoor winter sport that many of our athletes enjoy. Join us while we try our hand at putting a stone in the house and even a little sweeping. It's a great way to spend a Friday afternoon with old and new friends alike. Participants will need an extra pair of shoes (ones that have clean bottoms). It's cold on the ice, so a coat, hat and gloves are also recommended.

Friday

Friday Night Fun

6:00 - 8:00 pm

March 15, April 19, & May 10

New Castle Community Center

Ages: 13-18

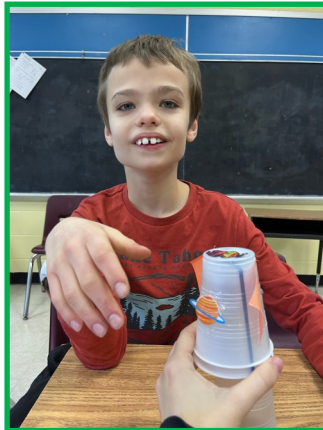
In-District and/or OPWDD

Out-of-District and Not OPWDD

**Fee with the * is the Out-of-District and NOT OPWDD
Approved Fee**

March 15th: Pizza & Paint Night **\$45/*\$55**

Join us for a night of pizza & painting. Channel your inner Pablo Picasso and get ready to create masterpieces while enjoying the company of friends. A pizza dinner will be provided.



April 19th: Open Mic Night **\$40/*\$50**

Come one, come all! Join us for a night in and showcase your talents. Enjoy the company of friends, play some games and of course, showcase your hidden talent. Please come prepared with a song to sing or a talent to show off.

May 10th: Mad Science Night **\$40/*\$50**

Come join us for a night where we explore our inner scientist. Get ready to get your hands dirty as we discover how the world works through various scientific experiments.

Saturday

Saturday Clubhouse

9:30 am –2:00 pm

Jan. 20 - May 4, Except Feb. 17, 24, March 23, 30
(12 weeks)

St. Theresa School, Briarcliff

No transportation

Ages: 4-18

In-District and/or OPWDD Approved Fee: \$350

Out-of-District and Not OPWDD Approved Fee: \$500

Group Home/Apartment Residents Fee: *Not Available*

Saturday Clubhouse at St. Theresa School is like a mini day camp. Join us for lots of fun! Each room will be grouped by age and ability. We will have a different themed days, so be sure to get in the spirit and have a great time. Catch up with old friends or make some new friends all while having some FUN!!!

Bring a bag lunch (NUT FREE)

We will have lots of activities for everyone to enjoy:

- ♦ **Gym:** Skills training for Soccer, Volleyball, Hockey & Basketball and Special Olympics Training
- ♦ **Art:** We will get the opportunity to explore our inner artist through an assortment of crafts
- ♦ **Music:** We will find our voice through song, learn how to play instruments, and how to keep a rhythm!

Winter/Spring 2023 Themes

January 27th– Pajama Day

February 3rd– Superhero Day

March 2nd– Safari Day

March 9th– Special Olympics Day

April 13th– Carnival Day

April 27th—Tie Dye Day

Saturday

Fantastic Friends

Times Vary Depending on Trip

Jan. 20 - May 4, Except Feb. 17, 24, Mar. 23, 30
(12 Weeks)

Bradhurst Community Center, Hawthorne

Ages: 15 - 25

In-District and/or OPWDD Approved Fee: \$460

Out-of-District and Not OPWDD Approved Fee: \$560

Group Home/Apartment Residents Fee: \$560

The “Friends” are back! Join us as we spend our Saturdays traveling to different adventures and having A LOT of fun!

We will visit the Norwalk Aquarium, Blue Mountain and the Palisades Mall. We will watch a hockey game, visit the Bronx Zoo, and compete in Special Olympics competitions. We have a ton of things to do!

This transitional program is designed for teens and young adults as they get ready for our Adult Programs. We emphasize socialization, and interaction with the community with supportive staff and structure to help participants succeed!

*Participant must be able to travel in a
4:1 ratio in the community*



Saturday

Escapades

10:00 am - 2:00 pm

Jan. 20 - May 4, Except Feb 17, 24, Mar 23, 30
(12 Weeks)

Bedford Hills Community House (74 Main St)

Ages: 14+

In-District and/or OPWDD Approved Fee: \$325

Out-of-District and Not OPWDD Approved Fee: \$425

Group Home/Apartment Residents Fee: \$425

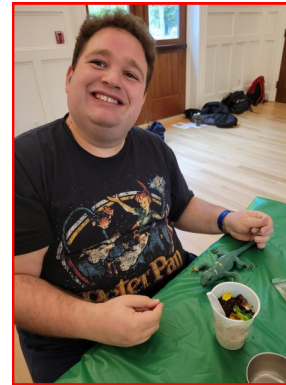
Looking for a great place to spend a Saturday?!

Escapades allows participants a calm, easy-going environment where they can participate in varied activities, work on making friends, social skills and communication.

Every Saturday there will be cooking, crafts, games and more! We will also have some time with our wonderful music therapist. We will end the day with a fitness activity! Bring your lunch and join the group as we start off this program with a bang for the new year!

There is something for everyone who may need a little extra supervision.

- ◆ Arts & Crafts
- ◆ Cooking
- ◆ Music
- ◆ Exercise
- ◆ Games



Funds for the Music Therapist are provided by the Somers Lions Club!

Saturday

Adult Trips

Times Vary Each Week, an email will be sent out on the Tuesday before each week outlining times and guidelines for the trip!

Ages: 15 +

Fee with the * is the Out-of-District and NOT OPWDD Approved Fee and Group Home/Apartment Residents Fee

Saturday, January 20

Norwalk Aquarium, Norwalk CT **\$60/*\$80**

There are so many things to see, learn and experience at the Aquarium. It's sure to be a fun filled day.

Saturday, February 3

\$55/*\$75

Mall and Movies, Palisades Mall

An all time favorite trip! There will be shopping, food, friends and a movie. It's always a great time.

Saturday, February 10

Valentine's Day Celebration **\$50/*\$65**

In House– Bedford Hills

Come join us for a fun day filled with crafts, games, baking and a special performance from a band from the Lagund Music School. Its sure to be lots of fun!

Saturday, March 9

Bridgeport Islanders (7pm Game) **\$60/*\$80**

Join us for an exciting evening of ice hockey as the Bridgeport Islanders take on the Hartford Wolfpack. Please note this is an EVENING program.

Saturday

Saturday, March 16

Downtown Cabaret Theater– Bridgeport, CT \$60/*\$80

Come enjoy a wild adventure beyond your wildest imagination! We will watch Alice's journey through a magical Wonderland full of strange characters

Saturday, April 13

Philipsburg Manor

\$55/*\$75

Take a step back into history as we explore the Hudson Valley historic landmark and Philipsburg Manor.

Saturday, April 27

Garden Party- Bradhurst Park, Hawthorne \$45/*\$60

It's that time of year again to work on our gardening. Have fun planting, doing crafts and games. We will event have some entertainment to enjoy. Lunch will be provided.

Saturday, May 4

Bronx Zoo

\$55/*\$75

It's getting to be Spring, so we should be outside! Join us for a trip to the Bronx Zoo. There are lions and tigers and bears and so much more to see at the zoo. Lots of fun awaits us as we venture through the Bronx Zoo.



Spring Trip: Lancaster, PA



There is so much to see and do on this trip. Enjoy the rolling farmlands, visit some covered bridges. We will visit an Amish farm, take a buggy ride, a train ride and maybe take in a show!

This trip is currently filled based on Septembers registration. If you would like to be put on a wait-list you can do so by adding it to the registration. Please do not send any deposit/money for this trip now

Hudson Valley Special Olympics Schedule

***At this point, Special Olympics requests you to show proof of vaccination if you have it.**

Jan. 27: Regional Floor Hockey Teams, Hen Hud HS

Feb. 1: Floor Hockey Skills, Mt. Pleasant

Mar. 2: Local Basketball Team & Skills, Somers

Mar. 9: JR Basketball, Briarcliff

Apr. 6: Special Olympics Time Trials, TBD

Apr. 20: Special Olympics Spring Games, West Point

Feb. 23, 24, & 25: Winter State Games, Syracuse NY

Jun. 14, 15, & 16: Summer State Games, Ithaca NY



North East Westchester Special Recreation, Inc.
Presents:

CHAMPIONS FOR NORTH EAST!

A fundraising campaign to support our programs.
Your generosity helps us to give memorable
experiences, opportunities of discovery and lasting
friendships.

There are four levels of donations:



GOLD MEDAL WINNERS

\$2,000 + You have Hearts of Gold!



SILVER MEDAL WINNERS

\$600 - \$1,999 You are Shining Stars!



BRONZE MEDAL WINNERS

\$200 - \$599 You give us Strength!



FOREVER FANS WINNERS

\$100 - \$199 Thank you! Thank you!

Please make checks payable to:
North East Westchester Special Recreation
www.northeastspecialrec.org
63 Bradhurst Avenue, Hawthorne, NY 10532
(914) 347-4409

Champions For North East

The 2023 campaign is currently underway. While we continue to receive generous donations, we would like to thank our Champions who have given thus far. The complete list of the 2023 Champion Donors will be included in our 2024 summer brochure. Thank you to our supporters! Your contributions are critical to our success!

Gold Medal Supporters

The Family of Louis Brusco-Jost
The Cutri Family
The Kazasis Family
The Luciano Family

Silver Medal Supporters

The Ades-Mackles Family
The Brunheroto Family
The Bush Family

Bronze Medal Supporters

The Angi Family
The Barone Family
The Blum Family
Mr. & Mrs James Brisolari
The Chamberlin Family
The D'Adamo Family
The Dee Family
The DiCarlo Family
Mr. & Mrs. Paul Durso
The Humphrey Family
The Koch Family
Mr. Carmelo Luppino
Joseph & Theresa Pirraglia
John & Janet Riley
Mr. Ronald Salvatore
The Spadafino Family
Alan & Pamela Sorkin
The Stofsky Family
Charles Stotz, Inc.
Chappaqua Transportation, Inc.

And over 25 Forever Fans!

Please contribute to our 2023 Campaign