North East Westchester Special Recreation

2024 Summer Programs

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Ellie Arnemann Executive Director

Nancy Bellini, CTRS Program Director

Joe Bellini Program Coordinator

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.... and over 100 highly dedicated, qualified, and professional, part-time staff and volunteers.

The North East Mission Statement

North East Westchester Special Recreation, Inc. strives to provide community-based therapeutic recreation programs that enhance the physical, cognitive, emotional, and social functioning of children, teens and adults with developmental disabilities. We provide confidence building experiences that foster and cultivate meaningful relationships.

The North East Westchester Special Recreation Consortium is a non-profit 501 (C)(3) organization operating under the auspices of the New York State Office for People with Developmental Disabilities as a certified respite provider.

The agency is led by a Board of Directors comprised of the Recreation Superintendents from the twelve participating communities located in the north east portion of Westchester County, New York. Our structure and our programs provide the specific type of support needed for success in community recreational programs

The Superintendents of Recreation of the following communities serve as the North East Board of Directors.

BOARD OF DIRECTORS

Town of Bedford Village of Briarcliff Manor Town of Lewisboro Village of Mt. Kisco Town of Mt. Pleasant Town of New Castle Town of North Castle Town of North Salem Village of Pleasantville Town of Pound Ridge Village of Sleepy Hollow Town of Somers Christopher Soi Dana Durso Nicole Caviola Kyle Thornton Doug Scott Ike Kuzio Matt Trainor Lauren Rosasco Mike Newman Drea Russo Matthew Arone Steve Ralston

REGISTRATION:

Each participant in a North East program must have a current Participant Information Form on file. Participants presently enrolled in a North East program may register using the attached Program Registration Form.

Summer Dates:

June 13 - September 7, 2024

Registration for in-district residents begins immediately. Participants are enrolled in programs on a first-come, first-served basis. Many of our programs fill quickly <u>so</u> please register as soon as possible.

Registration for out-of-district residents begins on **May 30th.** You may send your registration to us prior to that date and we will hold it until the 30th.At that time, out-of-district residents will be accepted in the order the registrations were received by our office, as room permits.

TRANSPORTATION:

While North East is able to provide transportation for several programs, please consider car pooling and para-transit when possible.

CAR POOLING:

We will provide you with the names of co-participants in any program for which you plan to arrange car pooling. Parents wishing their name withheld from circulation must indicate this on the registration form.





LATE PICK-UPS:

North East staff have been instructed to wait with participants at pick up locations until parents/guardians arrive. When you are late it creates a problem as we have to pay staff for their time. For this reason, we will charge \$10 for every 15 minutes you are late in picking up.

PARA-TRANSIT:

Para-transit is public, curb to curb, transportation alternative for adults and young adults with differing abilities. Para-transit does provide services to and from recreation programs. Para-transit is especially available for recreation in the evenings and on weekends. Contact the Office for the Disabled at 995-2957.

NEW TO NORTH EAST

North East proudly serves children, teens and adults with developmental disabilities who reside in our consortium region: Bedford, Briarcliff, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, North Salem, Pleasantville, Pound Ridge, Sleepy Hollow, and Somers. Each municipality helps to financially support North East. Anyone living outside of our region must be approved by the NY Office for People With Developmental Disabilities (OPWDD) for respite services.

Anyone new to North East must schedule an intake meeting with one of our Recreation Therapists. Please call our office as soon as you can to make sure the desired programs still have availability. During the intake meeting, you, your child, and our staff will work together to determine which programs will be best suited and of interest to your child.

North East can no longer accept new registrants who are 21 years of age or older residing outside our consortium region who are not approved by OPWDD for respite services.

The required forms for new applicants and registration can be found on our website. If you need help, just call our office and we can email or mail forms to you. Please bring the completed forms to the scheduled intake meeting.

INCLUSION:

We would like to support your son/daughter's interest in participating in your local community recreation department program. We will be available to assess the appropriateness of an intended placement in a program, visit the participant at the program to ensure continued success, or consider providing a staff member to attend the program with the participant for a limited time.

PROGRAM/ACTIVITY FEES:

Program/Activity Fees cover the cost to operate programs that OPWDD/Medicaid do not cover. These fees are only a small percent of our actual operating costs. Fees are paid once program acceptance is confirmed. Registering does not guarantee placement. If participant has an outstanding balance, they will not be able to register/attend future programs until the balance is paid in full.

NUT-FREE ENVIRONMENT:

Peanut butter sandwiches and other nut products should not be sent to our programs.

We have a number of participants who are *extremely* allergic to these foods and we are interested in their safety. Since we cannot regulate the outside world, if your son/daughter is expected to be in the community and has this allergy, please send their epiPen.



RETURNED CHECKS:

Unfortunately we will have to charge you \$20.00 for any checks returned to us for insufficient funds. This is the fee we incur from the bank for this error.

CANCELLATION POLICY:

If a program needs to be cancelled, we will make efforts to contact you. An announcement will be made on WHUD 100.7 radio and on their website www.whud.com. You may also access this information by calling our office. If a program is cancelled, we will attempt to reschedule, if possible.

REFUND POLICY:

Refunds will be issued when:

- * A program is cancelled before it begins due to insufficient enrollment.
- * A participant is on a waiting list.
- Medical reasons cause the participant to stop attending the program. A physician's note is requested to verify the illness.
- * In the event that the participant attended the program prior to requesting a refund due to medical reasons, a prorated portion of the program fee will be refunded.



Important Information for North East Participants

North East Office Hours:

Monday-Friday - 8:30 a.m. - 4:30 p.m.

Program Staff Schedule:

Tuesday-Saturday (times vary according to program responsibilities)

<u>Phone</u>: 914-347-4409 <u>Fax</u>: 914-347-5054

Web Site: www.northeastspecialrec.org

Please note that current program information and directions are available on our website.

Facebook: Like and check out our page!

E-Mail:

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WONDERFUL WEEKLY PROGRAMS

Monday

Nite Life Leisure

Leonard Park Pool, Mt. Kisco Mondays, June 24 July 1, 8, 15, 22, 29

Time: 6:00 p.m. - 7:30 p.m.



\$100

Group Home/Apartment Residents Fee: \$100

Summer time fun in the Park!

It's a great way to end the day at Leonard Park's beautiful pool, then on to some fun activities: arts and crafts, music, nature, games, sports and more.

The program will be held rain or shine. We will bring our activities inside at this site in the event of rain.



Tuesday

Bowling

Jefferson Valley Lanes Tuesdays, June 25, July 2, 9, 16, 23, 30 (no program July 4)

Time: 3:30 p.m. - 5:30 p.m.

In-District and/or OPWDD Approved Fee: \$120,

No transportation fee

Out-of-District and Not OPWDD Approved Fee: \$ 150,

Transportation \$70

Group Home/Apartment Residents Fee: \$ 150,

Transportation \$70

Our Bowling Program is always a favorite. Get out of the heat and spend time with your friends! A record of each bowlers weekly progress will be maintained and averages will be distributed at the end of the session. This program is a great way to socialize with friends, have fun, and improve your bowling skills.

Transportation Arrangements:

Mt. Kisco Boys & Girls Club Pick-up 3:00 pm, Return at 6:00 p.m. WARC Workshop Pick-up 3:00 p.m. Bradhurst pick-up 2:15 pm Camp St. Theresa (Briarcliff Manor) pick-up 2:45 pm Return: Bradhurst 6:00pm

Space is limited for transportation. If you are interested, please fill out the registration indicating your transportation preference.

Wednesday

Concerts and Pizza in the Park

New Castle Recreation Field Concerts begin at 7:00 PM

We will have pizza before the concerts.

Rain Location: Theater at Chappaqua Crossing

Program fee:

In-District and/or OPWDD Approved Fee: \$25 each night.
Out-of-District and Not OPWDD Approved Fee: \$35 each night

Group Home/Apartment Residents Fee: \$35 each night

We will bring the pizza and soda, you bring a blanket or lawn chair. We'll sit under the summer sky and enjoy some great entertainment, good food and good friends.

July 10: Total Soul: A range of music from all genres for all ages

July 17: Station Agents: Classic Rock & Pop Band

July 24: FDR Drive: A variety of music from the 60's to present.

July 31: Marc Berger

All concerts will be held at the New Castle Recreation Field

<u>Transportation</u>

Stop & Shop Pick- up 6:00 p.m., Return 9:00 p.m. Bradhurst Pick-up 5:30 p.m., Return 9:00 p.m.



Thursday

Team Softball

Katonah Memorial Park Thursday June 13, Wednesday June 26, Thursdays: June 20, July 11, 18, 25 August 1st



Time: 6:00 p.m. - 7:30 p.m.

In-District and/or OPWDD Approved Fee: \$80,

No transportation fee

Out-of-District and Not OPWDD Approved Fee: \$90,

Transportation \$80

Group Home/Apartment Residents Fee: \$90,

Transportation \$80

Transportation available from: Bradhurst at 5:00 p.m., Return at 8:15 p.m. Stop & Shop at 5:30 p.m., Return 7:50 p.m.

In case of inclement weather, program will be cancelled.

Come join the North East Knights Softball Team!

Experience the benefits of team work, skill development and camaraderie. We will start with warm ups, move on to sport drills, and finish every practice with a team scrimmage. All skill levels welcome! You should have your own softball glove.

Equipment is available. You must wear sneakers and comfortable clothes. No shoes please! Rules and teamwork will be reinforced as well as socialization with other players and coaches.

*Please bring water!

SUMMER OUTINGS

Join us for a number of exciting Summer Outings!

Transportation is provided from the Mt. Kisco Stop & Shop and Bradhurst Community Center. Registered participants must call the office the week of the trip or pick-up and drop-off times

As well as further trip details.

Fee with the * is the Out-of-District and Not OPWDD Approved Fee and Group Home/Apartment Residents Fee,

Lake Compounce

Bristol, CT

Saturday, June 22 Fee: \$60/*\$75 Join us for a fun, exciting day at America's first amusement park.

There are rides and attractions for everyone to enjoy!

Tour of West Point

West Point, NY

Saturday, July 13 Fee: \$50/*\$65

Come enjoy a guided tour of the historic West Point. There are lots of fun facts to learn and breathtaking views to see!

New Canaan Summer Theater

New Canaan, CT

Saturday, July 27 Fee: \$60/*\$75

We're off to see Mary Poppins! This Broadway quality performance is sure to put a smile on your face. We will be in an air conditioned theater.



Summer Outings Continued

Katonah Picnic

Katonah Memorial Park

Saturday, August 3 Fee: \$30/*\$45

An all time summer favorite! A good old fashioned cookout with friends. There will be plenty to do: games, arts and crafts, water balloons, swimming and of course some great food.

Rain location: Bedford Hills Community House.

Wild West City

Stanhope, NJ

Saturday, August 17 Fee: \$55/*\$65

Take a step back into time to the Wild West. Let your inner cowboy or cowgirl come to life. Explore the town's shops, museums, rides and attractions.

Renegades Baseball Game

Fishkill, NY Fee: \$40/*\$55

Wednesday, September 4

We are heading out to the Ballfield to watch the Hudson Valley Renegades take on the Asheville Tourists. Come cheer on your favorite team! Its always a fun night at the ball game.

Walkway Over the Hudson

Poughkeepsie, NY

Saturday, September 7 Fee: \$30/*\$45

It's a beautiful time of year to take a stroll on the walkway and enjoy the awesome scenery. Of course, we'll add in a trip to the Frozen Caboose for some ice cream!

VACATION WEEK

Frost Valley

Participants: 16 and older (limited space)
Dates: Sunday, August 25th through

Friday, August 30th



In-District and/or OPWDD Approved Fee: \$750 Out-of-District and Not OPWDD Approved Fee: \$850 Group Home/Apartment Residents Fee: \$850

(Includes: transportation, three meals per day, snacks, lodging

and all activities)

This trip has become a North East tradition!

Frost Valley is a beautiful YMCA camp located in the Catskill Mountains. This six day trip is packed with enjoyable activities such as: hiking, boating, swimming, cycling, archery, group sports, arts and crafts, hayrides, a talent show, dancing, campfires, storytelling, sing-a-longs, the cable bridge, a ropes adventure course and a visit to the planetarium. Challenging and exciting! The camp also provides nursing and medical services.

A "bring along" checklist and additional information will be mailed to you upon receipt of your registration form and payment.

If necessary, a lottery system may be put into effect. You will be contacted regarding your trip registration.

* Previous overnight experience with North East is required for this trip.



CHAMPIONS FOR NORTH EAST!

We are grateful to our 2023 supporters:

GOLD MEDAL WINNERS \$2,000 + You have Hearts of Gold!

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The Ades— Mackles Family
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BRONZE MEDAL WINNERS

\$200 - \$599 You give us Strength!

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And over 30 Forever fans!





